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The Cheeky Skinny Vegan Diet: 21 Days Celebrity Detox & Diet Plan - Nutrition, Diet And Lifestyle Secrets

by Bijou Blevins

The Cheeky Skinny Vegan Diet

21 days Celebrity Detox & diet plan



HEALTHY EATING & LIFESTYLE GUIDE
"WHAT YOU EAT IN PRIVATE EVENTUALLY IS WHAT YOU
WEAR IN PUBLIC"



Synopsis

The Cheeky Skinny Vegan Diet is a book that would take you through 21 days vegan dieting where you get to know the truth about foods, how you can enjoy them and their connection to the skinny world. It is more about a lifestyle rather than a traditional diet.

Book Information

File Size: 920 KB

Print Length: 42 pages

Publication Date: February 12, 2017

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B06X8ZTC68

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #440,840 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #57

inÃ Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Diets >

Vegan #125 inÃ Â Books > Health, Fitness & Dieting > Diets & Weight Loss > Vegan #234

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